
activity or be able to choose the dinner menu. Whatever your method of reinforcement, use it consistently, keep it simple, and make sure to recognize appropriate behavior more than problem behavior. See the sample PBIS Home Plan at the end of this article.

Remember, helping your child develop positive behavior requires a family commitment. This means that parents must be prepared to reinforce the expectations, but also to be a model for the behavior desired.

When you use the PBIS strategy and demonstrate core expectations at home, your child will learn the same lessons at school and at home. This makes it easier for your child to change his or her behavior, and it also positively supports your child's school success.

Here is an Example of a PBIS Home Plan.

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